

# The Karen Hospital and Ethiopian Airlines Wellness Check-up Package



Website: [www.karenhospital.org](http://www.karenhospital.org) | Contact; 0710-650-715



The Karen Hospital



@\_KarenHospital



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The Karen Hospital

# Background

The Karen Hospital is an ISO 9001:2015 certified multi-specialty hospital that offers world class medical treatment at an affordable cost across all healthcare services. We have state of the art medical equipment and facilities, with the hospital recognized as one of the most diversified private hospitals in the country. Our workforce comprises of different specialists who are accomplished in their respective fields. Our diverse pool of clients from all over the region comprising of corporate, insurance companies and brokers, NGO's and state corporations stamps our authority as the go to institution in matters healthcare.

We offer multidisciplinary approach in diagnosing and treatment of our patients resulting in excellent clinical outcomes. We understand that each of our client's and / or patient is different with unique needs and therefore we tailor make services to suit each individual client.



*Entrance of The Karen Hospital*



*24 HR Ambulance service*

## Proposal Highlights

The Karen Hospital wellness program offers a comprehensive range of tests combined with a friendly schedule where you get to choose the best time for your appointments. This is coupled by a serene environment with a relaxing ambience and state of the art technology.

A wellness check-up provides a 'snapshot' of the functioning of your body. Understanding what goes on in your body is essential for us to help you reduce the chances of medical conditions that may arise without any warning signs or symptoms. The program will help you to manage your work, leisure and lifestyle better and therefore look forward to years of good health.

There is no greater gift than the gift of good health. In some instances there is little or nothing we can do to prevent getting sick but the inverse is also true. The Wellness check-up is specially designed to identify any potential health risks and facilitate stemming of these risks or early symptoms before they develop into full blown medical conditions.



At your own convenience and as a participant of the Wellness Health Programme you will undergo a comprehensive set of lab tests and non-invasive exams. Before you leave, the results, an in-depth consultation and strategic recommendations are given to you to address any current or potential health issues. At your request a confidential and comprehensive medical report is sent to you and your personal physician. Isn't your health worth one day of your time?

This proposal will be tailored to you to ensure high standards of quality and also ensure that clinical staff develops relationships with employees to ensure the exceptional clinical outcomes.



### **Services to be offered**

The Karen Hospital will ensure that the clinic has the requisite human resource to offer the comprehensive wellness check-ups. The human resource compliment will include Physicians, Nurses, Laboratory Technologists, Pharmacy Technologists and a Medical Officer who will conduct the wellness check-up with the utmost professionalism and confidentiality.

### **Record Keeping and Reports**

The Karen Hospital has a Hospital Management Information System (HMIS), Insta Health Solutions which has assisted in the automation of clinical and operational processes. This is a real-time, centralized information system which amongst other things has a database of all patients' records, manages and generates the relevant reports for management decision making.

### **Health Education**

The Karen Hospital will offer health talks to Ethiopian Airlines clients. This program will be addressing lifestyle issues with a view of enlightening staff on health matters to promote preventative health education and create a healthy workplace.



*Consultant Clinics*



*Wellness Centre*

## **Additional Benefits**

There will be significant cost savings to Ethiopian Airlines Corporates and clients through lower cost of services offered on the wellness package.

The use of our HMIS will provide management with real-time dashboard reports on need basis.

Health education programmes will create awareness on healthy lifestyles.

The Karen Hospital will provide training on basic first aid to Ethiopian Airlines Corporates and clients thus equipping them with basic tools necessary in the event of emergencies.

There will be regular management meetings for monitoring and evaluation out of which areas of improvement will be identified by both team.



*Paediatric unit*



*Basic Life Support Training*

## Basic Check-up

### Female & Male

Doctor's consultation  
 Haemogram  
 Random blood Sugar  
 Urine analysis  
 Stool analysis

## Basic Check-up 2

### Female

Doctor's consultation  
 Full blood count  
 Random blood Sugar  
 Urine analysis  
 Stool analysis

### Male

Doctor's consultation  
 Full blood count  
 Random blood Sugar  
 Urine analysis  
 Stool analysis

## Bronze Check-up

### Female

Doctor's consultation  
 Full blood count  
 Random blood Sugar  
 Urine analysis  
 Stool analysis  
 HIV1&2(ELISA)  
 Liver Function Tests( LFT)  
 U/E/C's  
 Pap Smear  
 Dental Review  
 Nutrition Review

### Male

Doctor's consultation  
 Full blood count  
 Random blood Sugar  
 Urine analysis  
 Stool analysis  
 HIV1&2(ELISA)  
 Liver Function Tests( LFT)  
 U/E/C's  
 Dental Review  
 Nutrition Review

**\*Highly recommended to adults below the age of 35**

## Silver Check-up

### Female

Doctor's consultation  
 Full blood count  
 Random blood Sugar  
 Urine analysis  
 Stool analysis  
 HIV1&2(ELISA)  
 Liver Function Tests( LFT)  
 U/E/C's  
 Pap Smear  
 LIPIDS Profile  
 Mammogram (Breast Ultrasound)  
 Dental Review  
 Nutrition Review

### Male

Doctor's consultation  
 Full blood count  
 Random blood Sugar  
 Urine analysis  
 Stool analysis  
 HIV1&2(ELISA)  
 Liver Function Tests( LFT)  
 U/E/C's  
 LIPIDS Profile  
 PSA  
 Dental Review  
 Nutrition Review

**\*Highly recommended to adults below the age of 35-50**

## Gold Check-up

### Female

Doctor's consultation  
Full blood count  
Random blood Sugar  
Urine analysis  
Stool analysis  
HIV1&2(ELISA)  
Liver Function Tests( LFT)  
U/E/C's  
Pap Smear  
LIPIDS Profile  
Mammogram (Breast Ultrasound)  
Electrodiogram(ECG)  
Dental Review  
Nutrition Review

### Male

Doctor's consultation  
Full blood count  
Random blood Sugar  
Urine analysis  
Stool analysis  
HIV1&2(ELISA)  
Liver Function Tests( LFT)  
U/E/C's  
LIPIDS Profile  
PSA  
Electrodiogram(ECG)  
Dental Review  
Nutrition Review

**\*Highly recommended to adults above 50**

## Platinum Check-Up

### Female

Doctor's consultation  
Full blood count  
Random blood Sugar  
Urine analysis  
Stool analysis  
HIV1&2(ELISA)  
Liver Function Tests( LFT)  
Uric Acid  
U/E/C's  
Pap Smear  
LIPIDS Profile  
Mammogram (Breast Ultrasound)  
Electrodiogram(ECG)  
Echodiogram  
Ultrasound Abdominal Pelvic  
TFTTs  
Diabetic Screen (Glycated HB/HBA1C)  
Helicobacter Antigen  
Dental Review  
Nutrition Review

### Male

Doctor's consultation  
Full blood count  
Random blood Sugar  
Urine analysis  
Stool analysis  
HIV1&2(ELISA)  
Liver Function Tests( LFT)  
Uric Acid  
U/E/C's  
PSA  
LIPIDS Profile  
Prostate Ultrasound  
Electrodiogram(ECG)  
Echodiogram  
Prostate/ Abdominal Ultrasound  
TFTTs  
Diabetic Screen (Glycated HB/HBA1C)  
Helicobacter Antigen  
Dental Review  
Nutrition Review

**\*Highly recommended comprehensive adult check-up**

## Highly Recommended Tests

*Mammogram*  
*Prostate/ Abdominal*  
*Pelvic/Abdominal Ultrasound*  
*Colonoscopy*  
*Gastroscopy*  
*Coronary Angiogram*



## Additional Tests

### **Heart Check**

- Cardiac Consult and physical examination
- Electrocardiogram
- Echo Cardiogram
- Exercise Stress test

### **Diabetic Check**

- FBS
- HbA1c
- Urine Microalbumin
- Physical examination
- Specialist Consultation

### **Child health Check**

- Blood Group and Rh typing, RBC, Hb, TC & DC, ESR, Urine Analysis, Stool test, Mantoux test, X-Ray Chest. Physical examination and advice by a paediatric consultant

### **Pre-Employment Check**

- Blood Group and Rh typing, RBC, Hb, TC & DC, ESR, Urine Analysis, Stool test, Mantoux test, X-Ray Chest. Physical examination and advice by a paediatric consultant



*Dialysis Unit*



*In-patient facilities; Executive Unit*





**THE  
KAREN  
HOSPITAL**

*Leadership in Healthcare*

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**CALL US NOW; 0710-650-715**

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